

Nourish a Neighbour

Food Hamper Appeal

At Harsha Foundation, we believe no one should go hungry — especially during times of crisis. Our Food Hamper Appeal helps us deliver pantry staples directly into the hands of individuals and families doing it tough in our community.

Every donated item goes straight to someone in need. No middlemen. No waste. Just real help, from real people, reaching those who need it most.



How You Can Help

Donate Food & Essentials:

We're currently collecting:

- Canned goods (soups, vegetables, beans, tuna, fruit)
- Dry goods (pasta, rice, noodles, cereal, muesli bars)
- Long-life milk, baby food, tea, coffee, toiletries
- Sanitary items and everyday essentials

Where to Drop Off Donations:

You can bring donations directly to:

123C Angove Street, North Perth

During our operating hours — **Monday to Friday, 10am to 7pm**

Need Us to Pick It Up?

Email us at harshafoundation1@gmail.com and we'll arrange a collection.

Prefer to Give Financially?

Click the **Donate button on our website** to contribute. **100% of donations** marked for the Food Hamper Appeal will go toward purchasing groceries and essential items for people in crisis.



Whether you donate a tin of beans or a full bag of groceries, you're helping

someone feel seen, supported, and fed.

Together, we're nourishing more than stomachs — we're nourishing hope.

THANK YOU!

From the Harsha Team